

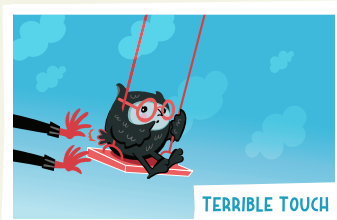


A boy from a higher grade pinches your bottom as he pushes you on the swing.

It's a
**KNOW
GO**

Is this a GO or a Know GO?

- No one should touch your bottom—which is a bathing suit part.
- Friends or other students shouldn't touch your bathing suit parts.
- You did not give permission to this student to push you on the swing or touch you.



- *Is it ok for anyone to push you on a swing?*
- *What should you do in this situation?*
- *Do you know what bathing suit parts are?*



Need to KNOW: It's not alright for someone to touch you unless they have your permission—and it feels safe.

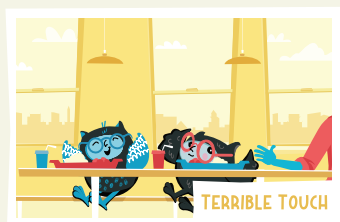


While laughing with a friend at lunch, an adult at school moves over to sit close to you in the lunchroom and starts touching you.

It's a
**KNOW
GO**

Is this a GO or a Know GO?

- No one should touch you, your stuff, or your clothes without reason to do so.
- Tell this adult it's a KnowGO, and that they should respect your personal space.
- Talk to a safe "Go To" adult at your school right away and explain what happened.



- *What is a good amount of personal space?*
- *Where do you find a safe adult to tell about this touch?*
- *Is it ok to tell more than one safe adult?*



Need to KNOW: If any touch makes you feel uncomfortable or weird, report it—even if the person acts nice or friendly.



A teenage neighbor offers you candy to follow him home to play a wrestling game at his house. Winner gets a big bag of yummy candy!

It's a
KNOW
GO

Is this a **GO** or a **Know GO**?

- This person, or a wrestling game, could be unsafe and could hurt you.
- Wrestling games can be a trick to try to touch your private parts.
- If someone has to offer you candy to get you to do something, it's most likely unsafe.



- *What other things may someone offer you to try to trick you to go somewhere?*
- *Should you take the candy even if you don't go to his house?*



Need to KNOW: Don't go home with a stranger, or take gifts or candy from them no matter how nice they are.

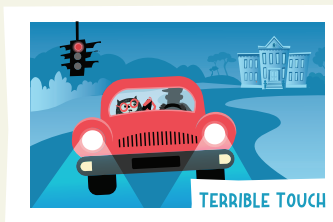


Your coach has permission to give you a ride home. During the ride he starts to rub your back as you talk about practice.

It's a
KNOW
GO

Is this a GO or a Know GO?

- He has permission to give you a ride, he does NOT have permission to touch you.
- When he rubs your back it feels weird and uncomfortable.
- He is not comforting you, so he doesn't need to touch you.



- Is it a smart idea to move away from him?
- How could a backpack be used to protect you?
- When would it be a safe time to get out of the car?



Need to KNOW: Tell your parents your coach touched you and it made you feel uncomfortable, especially if the coach told you to keep the touch "our secret that no one needs to know."



A kid on your bus route always tries to get you to sit in the back of the bus with him. If you say no, he makes fun of you during the bus ride.

It's a
**KNOW
GO**

Is this a GO or a Know GO?

- Never sit by someone that makes you feel uncomfortable.
- If someone teases you for not doing what they say, report it immediately to the driver, another safe adult at school, and to your parents.



- *What should you do if the kid comes to the front and tries to touch you from the seat behind you?*
- *What should you do if you tell the bus driver and you still get teased even if you sit in the front?*



Need to KNOW: No one should ever bully or threaten you into sitting where you aren't comfortable or don't feel safe.



After you make a basket, your PE teacher gives you a high five & a pat on the back.

It's a
GO

Is this a GO or a KnowGO?

- High fives are fun, thoughtful, and don't make you feel weird.
- Celebrating with a coach, friends, and family with thoughtful touches is a GO.
- High fives are used in many sports as a way for teammates to express happiness



- **What are other types of Thoughtful Touches?**
- **How is this different than a Terrible Touch?**
- **Could a high five ever be a KnowGO?**



Need to KNOW: Touches like high five's, hugs and pats for celebration are ok as long as you feel comfortable.



Your dance instructor teacher helps you put your costume because it has buttons, snaps, and a big zipper in the back.

It's a
GO

Is this a GO or a Know GO?

- The dance instructor is helping you in front of others not in a sneaky way.
- The dance instructor is not touching your bathing suit parts.
- You feel comfortable accepting help with your costume—it feels thoughtful.



- What are other ways adults at school may offer to help you with a Thoughtful Touch?



Need to KNOW: A touch is thoughtful when it helps protect or assist you in a way you need or that is beneficial to you.



A friend from another class always gives you a quick “hello hug” at recess.

It's a
GO

Is this a GO or a Know GO?

- Hugs are great when they are with people you want to hug.
- Your friend is someone you like and that you want to hug
- When your friend hugs you it doesn't feel uncomfortable or weird



- Why is this someone you'd like to hug?
- When would a hello hug NOT be a “GO”
- Could a high five ever be a “KnowGO”?



Need to KNOW: A “GO!” hug should feel safe & happy. It's a hug that makes you feel good.